

MISSION

Connecting people **with** God **through** authentic relationships **to** serve communities.

STRATEGY

Begin the week in **WORSHIP**

Belong together in **LIFE GROUPS**

Be the church by **SERVING**



MEASURES

CONNECTING PEOPLE WITH GOD

Experience God's Grace

Embracing Biblical Truth

Practicing Spiritual Disciplines

Developing Biblical Stewardship

THROUGH AUTHENTIC RELATIONSHIPS

Reciprocating Gracious Accountability

Committing to Family

Building Servant Leadership

Expressing Christ-like Character

TO SERVE COMMUNITIES

Sharing your God Story

Being Socially Aware

Demonstrating Grace

Cultivating a Generous Heart

VALUES

Keep it accessible

Do it together

Make it better

Give — — — — —



LIFE GROUP PARTICIPANT GUIDE

UPCOMING EVENTS

MARCH 12 - Life Group Facilitator and Host Home Training

MARCH 15 - Winter Baptisms

MARCH 15-21 - Barefoot Sunday Life Group Outreach Prep

MARCH 20-22 - Men's Desert Retreat

Sign up at newbreak.org/events

WEEK 7

Week 7 // Main Emphasis: Make It Better // Eph. 4:11-16

READ EPHESIANS 4:11-16

QUESTION 1: *When you reflect upon the words Paul used in verses 12-13 (“built up,” “mature” and “fullness of Christ”), what are some of the areas in your own life where you are seeing growth?*

QUESTION 2: *What are some practical steps you can take daily to pursue spiritual growth?*

PRACTICAL STEPS:

Connect with God every day: Read your Bible daily.

YouVersion is a Bible app you can download for your phone or tablet. It has several daily Bible reading plans and devotionals.

Set time aside each day for prayer.

Choose an activity that makes you feel close to God. For some, that is being in nature. For others, it is listening to worship music or journaling what God is doing in their life. Find what speaks most to you and commit to doing it.

Commit to going through the Lead Like Jesus workbook to understand your personal values, vision, mission, etc.

Take personality and spiritual gift tests to understand better how to let God fully utilize you.

Disciple and develop others (not just affirming or criticizing them, but intentionally helping them grow.)

QUESTION 3: *Refer back to the Measures we discussed in Week 3 (if necessary, they can be accessed in the Newbreak App under Week 1 of the Life Groups tab). With those measures in mind, what are some goals you have for your own spiritual growth in the next year?*

QUESTION 4: *As you think about the idea of God giving you unique “gifts,” how do you think He has gifted you to be used in the church and for the benefit of others?*

QUESTION 5: *Who are the people that you have invited to speak truth into your life to help you grow?*

QUESTION 6: *What is one area of your life where you sense God is specifically challenging you to “Make It Better?” How can we, as your life group, be praying for you in this area?*

MEMORY VERSE: _____
“Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ.”