

# ONE

WEEK 6

LIFE GROUP  
FACILITATOR GUIDE

## // Announcements // Upcoming Events

Remind your group that baptisms are coming up on March 15th at all campuses! They can sign up at [newbreak.org/events](http://newbreak.org/events)

## // Week 6 // Main Emphasis: Do It Together // 1 Corinthians 12:12-31

Over the past month, we have been exploring the ways that God wants to further unite all of us here at Newbreak as “ONE”. Last week, we started talking about the way in which we approach ministry. Church looks a certain way for us, not because our way is the “only way” (it’s not!), but because God has called our community of believers to do life and ministry together with a unique identity, as He does with all churches. Our series verse (from Ephesians 4) is about traveling on the same road in the same direction and to do this we have identified four key ideas that are meant to permeate all we do. Last week we talked about the first of those four, “Keep It Accessible.” This week we are going to be talking about what it means to, “Do it Together.” At Newbreak, we value collaboration and teamwork. We believe that when it comes to living out God’s mission, there is no “me” without the “we”.

## // Opening Prayer // 5 minutes

**Facilitator note:** Open this week by praying for God to do a mighty work through this study and that we will be united as ONE church focused on ONE mission. Pray for God to speak individually to each member of the group.

## // Lean In // 5-7 minutes

Last week we talked about some practical steps we could take to make God more accessible to others in our lives. As you reflected on this over the past week, what were some steps you were able to begin taking?

## // Look Down // 15 minutes

### Read 1 Corinthians 12:12-14

God designed us to fit within a body of believers and, with the guidance of the Holy Spirit, we can all function as a united whole. When we are filled with Him and guided by Him daily, then we can operate as one. Otherwise, we are just a collection of individuals, all pushing our own agendas. Keep in mind, we are not “one” because we

are all the same. We are “one” because we all fit together into one larger unit while maintaining our unique identities. The beautiful thing about the church is that we find our unity in our diversity.

**QUESTION 1: *As you think about finding unity in our diversity, can you share a time when the pushing of a personal agenda – either yours or someone else’s -- got in the way of achieving unity? What did you learn from that experience?***

**Read 1 Corinthians 12:15-21**

God wants us to value our differences, but unfortunately, we may sometimes allow competition, feelings of inferiority, jealousy or fear of failure to get in the way. For some of us, it might be difficult to find our place when we feel “different” from everyone else. But Paul makes the point in this letter to the Corinthian church that everyone is needed and we are all called to serve. When each of us commit to using our God-given talents, it brings health to the whole body of the church. This is important: unity isn’t about thinking the same thing. It’s accomplished when we all function in our unique giftings and callings. Together, we are greater than we could ever be individually.

**QUESTION 2: *Reflect on a time when you worked together with a team, whether at work, in sports, in school, in your community, in church, or in some similar environment. What was something you did really well or what was a strength you brought to the team?***

**QUESTION 3: *Think about a baseball team and how each position has to work with the others in order to make a game successful. This past weekend, we learned about different areas of church where we can all serve: children’s ministry, impressions, student ministry, media team, set up/tear down and outreach. In addition, people can lead or host life groups. What is an area where you have particular skills to serve?***

**If you haven’t signed up for ministry, go to: [newbreak.org/jointheteam](http://newbreak.org/jointheteam)**

**// Look In // 15 minutes**

“Do It Together” means that I don’t get to do what I want to do; I get to do what we want to do. That “we” is defined by whatever community I am in -- my family, my workplace, my church, my ministry team, etc. In any of these arenas, it is easy for us to go our own way, but living a life of complete independence is not how God designed us. In the message this past weekend, your campus pastor talked about different ways we can sometimes act when we are in a group. Review these as needed and then answer Question 4:

**Dependence:** I try to avoid responsibility, endlessly complain, blame others or otherwise avoid the consequences of my actions.

**Independence:** I am self-reliant, self-empowered and capable of providing for my own needs, emotionally, mentally, physically and spiritually without ever turning to others for help.

**Interdependence:** I am a whole and balanced person who is able to share with and join in the healthy resources of life and others. I value my own gifts and those of others as well.

**QUESTION 4:** *Relate a time in your life when you were able to work interdependently with others, using your skills in a way that worked well with others on your team.*

**// Live It Out // 15 minutes**

1 Corinthians 12:27 says, “Now you are the body of Christ, and each one of you is a part of it.” God designed each of us to contribute something unique and valuable to build up the entire body of the church. This means we look for ways to contribute our own gifts and how we can help others find their contributions as well.

**QUESTION 5:** *How can you encourage someone to become more connected or find their place at Newbreak? If you are not yet connected, how can we as your group help you find your place? If it feels comfortable, go around the room and share a skill or talent that you see in other members of your group that you want to encourage in them.*

**// Key Memory Verse // 1 Corinthians 12:27**

“Now you are the body of Christ, and each one of you is a part of it.”

**// Look Up // 5-7 minutes**

Take some time and share any prayer requests. As you close this week, take time to pray that God would help us be united as a church and we would be a church that is passionate about serving Him. Pray that we would also be just as passionate about helping other people discover their unique gifts and talents so that they can serve Him as well.