

## Serving Communion

“The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, ‘This is my body, which is for you; do this in remembrance of me.’ In the same way, after supper he took the cup saying, ‘This is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.’ For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until he comes.”

-1 Corinthians 11:23 – 26

### Steps in Serving Communion:

As you begin emphasize the intimacy and symbolism of taking communion. Simplicity is highly encouraged as you empower your group to participate in communion. Before you begin assign different steps to different members of the group. It may be a good idea for you as the group facilitator or host to close in prayer after the juice has been taken.

**STEP 1** Open in prayer for Communion

**STEP 2** Read 1 Corinthians 11:23 – 24:

“For I have received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, “This is my body, which is for you; do this in remembrance of me.”

**STEP 3** Pray for a moment with the group over Christ’s body being given for our sins.

**-TAKE THE BREAD TOGETHER.**

**STEP 4** Read 1 Corinthians 11:25:

“In the same way, after supper he took the cup, saying, “This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.”

**STEP 5** Pray for a moment with the group about how Jesus shed his blood so that we would be forgiven, set free, and able to have a relationship with Him.

**-TAKE THE CUP TOGETHER.**

### Practical Tips in Serving Communion:

- Have all of the elements prepared beforehand and just bring into the room or to the table when you are ready to serve.
- Prepare the elements simply, sacredly, and symbolically.
- Be sensitive to timing in your meeting.
- Break up pieces of cracker or soft bread on a small plate or tray. Don’t use large servings of bread or grape juice. We ask that you only use grape juice, not wine, so you will not cause anyone to struggle.

### Communion passages:

Matthew 26:26-39; Mark 14:22-25; Luke 22:14-20; 1 Corinthians 10:16-21 and 11:17-34.