



LIFE GROUPS **FAQ**

How long do the life group quarters last?

Life Groups quarters last between 8-10 weeks. We build breaks in between quarters to give groups an opportunity to enjoy holidays, equip life group volunteers, and give the opportunity for new groups to form.

Can I join a group during an ongoing semester?

Yes, contact the Life Groups Team at lifegroups@newbreak.org for information on available groups.

What do I do with my children during life groups?

We offer a children's program for children 6 months to 5th grade at most of our campuses. [Click here](#) for more information about Newbreak children's programs.

Do you have Life Groups at all 6 of your Campuses?

Yes, Click on Find Your Group to explore the variety of groups that take place all across San Diego.

I have a life group question but I don't know who to contact.

Contact the Life Groups Team at lifegroups@newbreak.org